

SUGGESTED ITEMS FOR FOOD DRIVE

NO GLASS - PLEASE

FOOD ITEMS

HIGH PROTEIN FOOD:

Tuna

Beans: lentils, black/red beans

Peanut Butter

SOUPS: canned/packaged

FRUIT: canned /apple sauce

MILK PRODUCTS:

Dry Milk

Parmalat Milk

Canned Milk

Cheese – non- refrigerated

CEREAL: adult/baby

STARCHES:

Pancake mixes

Potato mix

Pasta

Rice

Barley

Mac and Cheese

Beans

Vegetables:

All canned varieties

Canned tomato sauces and pasta sauces

Coffee: canned

Juices: canned

Sugar/Sugar substitute

NON-FOOD ITEMS

Toilet Paper

Canned Meats

Paper Towels

Dry Laundry Detergent

Soap

Tooth Paste/Brush

Mouth Wash

Diapers

Baby Wipes

Clorox/Lysol Wipes

Tissues

Napkins

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